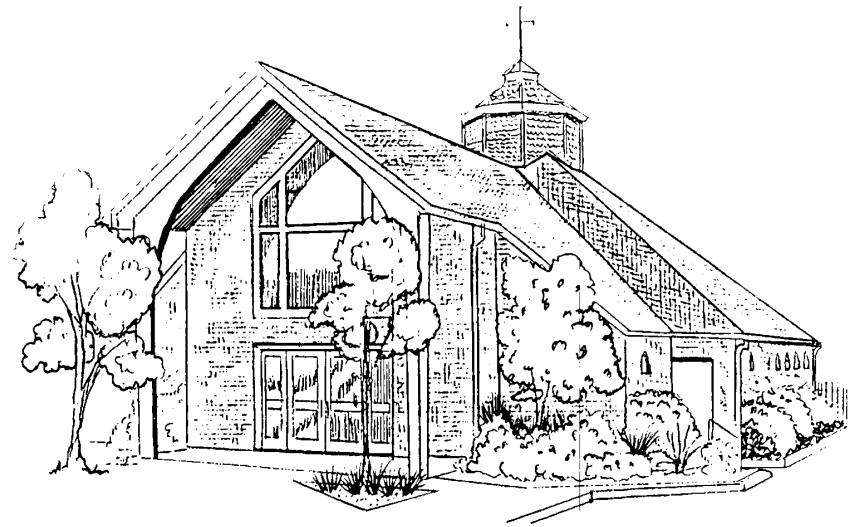


**St. Basil Antiochian Orthodox Church**  
**His Eminence Metropolitan JOSEPH, Archbishop of New York**  
**And Metropolitan of all North America**  
**His Grace Bishop NICHOLAS, Auxiliary Bishop**  
**Of the Diocese of Miami and the Southeast**  
**The Very Reverend Father Peter Nugent, Pastor**  
**3916 Hudson St., Metairie, LA 70006**  
**504.888.8114**  
[\*\*sbno@att.net\*\*](mailto:sbno@att.net)  
[\*\*www.stbasilneworleans.org\*\*](http://www.stbasilneworleans.org)

**The Holy Hieromartyr Ignatius the God-Bearer**

The principal feast of St. Ignatius is celebrated in winter, on December 20. On this date we commemorate the translation of his relics from Rome, where he suffered martyrdom, to Antioch, where he had earlier been bishop. When St. Ignatius was summoned to Rome to account for his faith before Emperor Trajan, he was accompanied on this long journey by several citizens from Antioch, who were motivated in this by a great love toward their wonderful archpastor. Since he would never deny his faith in Christ, this saint of God, who abhorred all the adulation and promises of Emperor Trajan, was condemned to death and thrown to wild beasts in the Circus Maximus. The wild beasts tore him apart, and he surrendered his soul to God. His companions then gathered his exposed bones, took them to Antioch, and honorably buried them. When the Persians captured Antioch in the sixth century, the relics of St. Ignatius were again translated from Antioch to Rome.

**St. Basil**  
**Antiochian**  
**Orthodox Church**



**January 29, 2023**  
**Sunday of the Canaanite Woman**

# Welcome!

## To Our Guests:

While we are not yet in formal inter-communion with other faith traditions, we have much respect for their rites of worship and sanctuaries of prayer. In our tradition, **Holy Communion is open only to those Orthodox Christians who are in good standing with the Church and have prepared themselves by prayer, fasting and a recent confession.** Please do not be offended by this if you are not an Orthodox Christian or in good standing with the Church. We welcome you to our church and invite you to receive a blessing and partake of the blessed bread at the end of the Divine Liturgy.

*In our tradition... the church temple is a house of prayer. Upon entering it, please refrain from unnecessary conversation before, during and after church services, most especially during the Divine Liturgy from the time of the consecration of the Gifts until the last person has received the Eucharist. At the end of the Divine Liturgy, please come quietly forward to receive a piece of the antidoron and exit the church temple without talking. During coffee hour in the Church Hall is the appropriate place to exchange personal greetings and converse with one another. May God bless your reverence and piety.*

**Epistle Reading:** 2 Corinthians 6:16-18; 7:1

**Gospel Reading:** Matthew 15:21-28

## Saints of the Day

Translation of the relics of Ignatius the God-bearer of Antioch; New-martyr Demetrios of Chios.

## A Message from the Parish Council

St. George Antiochian Orthodox Church in Orlando, Florida, had substantial property damage during Hurricane Ian. That Parish donated to us, through the Archdiocese, after Hurricane Ida. On December 18, there will be a second collection for St. George's. You are encouraged to give. Any donations will be matched by our parish. In addition, St. Basil is contributing \$500 to the Second Harvest Food Bank. These donations are part of our parish's annual outreach to those in need. Thank you--Rob Booms for the Parish Council.

## WORSHIP SCHEDULE

Saturday, Jan. 28<sup>th</sup> – Great Vespers & Confessions, 5:00 P.M.  
Sunday, Jan. 29<sup>th</sup> – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.  
Thursday, Feb. 2<sup>nd</sup> – Orthros, 9:00 A.M.; Divine Liturgy, 10:00 A.M.  
Saturday, Feb. 4<sup>th</sup> – Great Vespers & Confessions, 5:00 P.M.  
Sunday, Feb. 5<sup>th</sup> – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.  
Saturday, Feb. 11<sup>th</sup> – Great Vespers & Confessions, 5:00 P.M.  
Sunday, Feb. 12<sup>th</sup> – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.  
Saturday, Feb. 12<sup>th</sup> – Orthros, 9:00 A.M.; Divine Liturgy, 10:00 A.M.  
Saturday, Feb. 18<sup>th</sup> – Great Vespers & Confessions, 5:00 P.M.  
Sunday, Feb. 19<sup>th</sup> – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.

## **Orthodox Thoughts from Theo, the Parish Possum**



Next to the Holy Scriptures, perhaps the most important readings for Orthodox Christians are contained in **The Philokalia**. In ancient Greek, the name means to “love the beautiful and the good.” Compiled in the 18<sup>th</sup> century, it is a collection of writings by spiritual masters of the Orthodox Church who lived between 300 and 1400 A.D. Familiar names include St. John Climacus and St. Gregory Palamas. One of its five books was carried about by the unnamed Russian peasant who authored **The Way of the Pilgrim**. It includes guidance for using the Jesus Prayer. It teaches us how to use stillness and watchfulness to attain purification and sanctity. It is not just for monks and can be helpful for any person who is serious about walking the Orthodox way. Copies of the books may be obtained in paperback through booksellers on the internet. Here is a sample of what you will find from St. Hesychios, the priest:

“Let your soul, then, trust in Christ, let it call on Him and never fear; for it fights, not alone, but with the aid of a mighty King, Jesus Christ, Creator of all that is, both bodiless, and embodied, visible and invisible. The more the rain falls on the earth, the softer it makes it; similarly, Christ’s holy name gladdens the earth of our heart, the more we call upon it.”

Blessings be upon your Theophany season---Theo

\*\*\*

## ***Spiritual Counsels...***

“Even a fool who keeps silent is considered wise; when he closes his lips, he is deemed intelligent.”— Proverbs 17:28

\*\*\*

## **ANNOUNCEMENTS**

God willing, on Thursday, Feb. 2, the **Feast of the presentation of Christ in the Temple** will be celebrated with Orthros at 9 A.M. followed by Divine Liturgy at 10 A.M.

God willing, on Saturday, Feb. 18, Orthros and Divine Liturgy will be celebrated at 9 A.M. and 10 A.M., respectively, for the **Saturday of Souls**. Please give Fr. Peter the names of your departed, Orthodox loved ones if you want them to be remembered during this liturgy.

February 19th MEAT FARE SUNDAY!!!! Come experience a breakfast FEAST to enter into the GREAT FAST! The Ladies Guild is putting on a breakfast bonanza during coffee hour. We will be serving pancakes, eggs, bacon, sausage, ham and fruit. The cost per plate is \$12 for adults 13 and up, \$6 for children 9-12 and 8 and under eat free. HELP us to HELP others!!!!

The Ladies Guild will be collecting donations for Love Moved First during the year of 2023. Love Moved First is a home for woman in crisis to recover and heal. We will have a collection bin set out and a list of needs next to it. There is much needed so even a little is a big help. If you have any questions about Love Moved First, please see Cheryl Pituch or Tania Russell. Thank you for your support.

To offset the team members expenses for coffee hour, the team leaders are asking for one-dollar donations from adults for each coffee hour to cover the expenses for plates, bowls, forks, spoons, knives, cups, etc. They continue to generously provide us with snack/lunch items at no expense to us. Donations by check should be made payable to St. Basil Ladies Guild. Thank you for your assistance in making this happen. God bless you.

**Coffee Hour: This Week:** Potluck      **Next Week:** Team 1

**Ushers: This Week:** Tania/Sevin      **Next Week:** Mihai Leustean