



St. Basil Antiochian Orthodox Church

His Eminence Metropolitan JOSEPH, Archbishop of New York
And Metropolitan of all North America

His Grace Bishop NICHOLAS, Auxiliary Bishop

Of the Diocese of Miami and the Southeast

The Very Reverend Father Peter Nugent, Pastor

3916 Hudson St. Metairie, LA 70006

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Saturday: Great Vespers & Confessions, 5:00 P.M.

Sunday: Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.

March 24, 2019

The Second Sunday of Great Lent, The Sunday of St. Gregory Palamas

Tone 2 ~ Eothinon 10

Christ is in our midst. He is and ever shall be.

To Our Guests:

Holy Communion is open only to those Orthodox Christians who are in good standing with the Church and have prepared themselves by prayer, fasting and a recent confession. If you are not in good standing with the Church or are not an Orthodox Christian please do not be offended by this. While we are not yet in formal inter-communion with other faith traditions, we have much respect for their rites of worship and sanctuaries of prayer. We welcome you to our church and invite you to receive a blessing and partake of the antidoron at the end of the Divine Liturgy.

Please Note: Food and drinks in church are not appropriate except for life threatening circumstances. This includes, but is not limited to, snack items, cheerios, fruit, fruit snacks, sandwiches, meals, or drink items of any sort. If your child cannot wait until liturgy is over in order to eat, please take him or her to the church hall. Thank you.

The Mission of St. Basil Antiochian Orthodox Church...

We love and worship God, proclaim the Good News of Jesus Christ through the teachings of the Holy Orthodox Christian Faith, and serve those in our parish, our larger community, and God's people everywhere through worship, prayer, fellowship, education, charity, and outreach.

The Vision of St. Basil Antiochian Orthodox Church...

St. Basil Antiochian Orthodox Church is committed to growth: growth of our members spiritually, and growth of our members in the participation of parish life. We are committed to the education in the faith of our members and non-members. We will identify and initiate strategies to increase the involvement of the teens and the 20-40 age group of the parish. We will reach out to the larger community with invitations and messages about the Holy Orthodox Christian Faith and St. Basil Antiochian Orthodox Church. We will identify and implement strategies to enhance our financial stability.



Saints du Jour (March 24)

Forefeast of the Annunciation of the Theotokos; Venerable Zachariah the recluse and Artemon, bishop of Seleucia; New-hieromartyr Parthenios, patriarch of Constantinople; Theonas, archbishop of Thessalonica.

Apolytikion of the Resurrection – Tone 2: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy Hell with Thy Godly pow'r, and when Thou didst raise the dead from beneath the earth all the pow'rs of heaven did cry aloud unto Thee: O Christ, Thou Giver of life, glory to Thee.

Apolytikion of St. Gregory Palamas – Plagal Tone 4: O star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

Apolytikion of St. Basil the Great – Tone 1: Into all the world that received thy word went out thy voice; thereby didst thou divinely teach, explaining the nature of existing things and ordering the conduct of men. O venerable father, royal priesthood Basil, intercede with Christ our God for the salvation of our souls.

Kontakion of Great Lent – Plagal Tone 4: To thee the champion leader, I thy servant offer thanks for victory, O Theotokos, thou who hast delivered me from terror. As thou hast power invincible, free me from every danger that I may cry unto thee: Rejoice, O bride without bridegroom.

Prokeimenon: You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

Epistle: The reading is from St. Paul's Letter to the Hebrews.

(Chapters 1:10-14; 2:1-3)

“IN THE BEGINNING, You, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up and they will be changed. But Thou art the same and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand till I make Thy enemies a stool for Thy feet?” Are not they all ministering spirits sent forth to serve for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord and it was attested to us by those who heard Him.

Gospel: The reading from the Holy Gospel according to St. Mark

(Chapter 2:1-12)

At that time, when Jesus returned to Capernaum after some days it was reported that He was at home. And many were gathered together so that there was no longer room for them, not even about the door; and He was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening they let down the pallet on which the paralytic

GOSPEL CONTINUED

lay. And when Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven.” Now some of the scribes were sitting there reasoning in their hearts, “Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?” And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, “Why do you reason thus in your hearts? Which is easier to say to the paralytic, ‘Your sins are forgiven?’ or to say, ‘Rise, take up your pallet and walk?’ But that you may know that the Son of man has authority on earth to forgive sins” – He said to the paralytic – “I say to you, rise, take up your pallet and go home.” And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, “We never saw anything like this!”

WORSHIP SCHEDULE

Monday, March 25th - Orthros, 9:00 A.M.; Divine Liturgy, 10:00 A.M. (Annunciation)
Wednesday, March 27th – Presanctified Liturgy, 6:30 P.M.
Friday, March 29th – Presanctified Liturgy, 9:00 A.M.
Friday, March 29th – Akathist Hymn (Stasis 3), 6:30 P.M.
Saturday, March 30th – Great Vespers & Confessions, 5:00 P.M.
Sunday, March 31st – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.
Wednesday, April 3rd – Presanctified Liturgy, 6:30 P.M.
Friday, April 5th – Presanctified Liturgy, 9:00 A.M.
Friday, April 5th – Akathist Hymn (Stasis 4), 6:30 P.M.
Saturday, April 6th – Great Vespers & Confessions, 5:00 P.M.
Sunday, April 7th – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.
Wednesday, April 10th – Presanctified Liturgy, 6:30 P.M.
Friday, April 12th – Presanctified Liturgy, 9:00 A.M.
Friday, April 12th – Akathist Hymn, 6:30 P.M.
Saturday, April 13th – Great Vespers & Confessions, 5:00 P.M.
Sunday, April 14th – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M.
Wednesday, April 17th – Presanctified Liturgy, 6:30 P.M.
Friday, April 19th – Presanctified Liturgy, 9:00 A.M.
Saturday, April 20th – Orthros, 9:00 A.M.; Divine Liturgy, 10:00 A.M. (Lazarus Saturday)
Saturday, April 20th – Great Vespers & Confessions, 5:00 P.M.
Sunday, April 21st – Orthros, 8:30 A.M.; Divine Liturgy, 9:30 A.M. (Palm Sunday)

From Rob Booms, Chairman of Parish Council

Christian fellowship such as we enjoyed during the forgiveness line on Cheesefare Sunday is very precious. One way to benefit from it is to participate in our Parish organizations. We have a Ladies Guild, the Antiochian Men, a Teen SOYO and now a new Young Adult group. All of them are involved in interesting and worthy service and outreach projects. Please join one of them. The contact persons are: Ladies Guild-Tania Russell, Antiochian Men-Michael Zelesnik, Teen SOYO-Emma Nugent, and Young Adults-Emma Nugent.

Perhaps, you'd like to suggest another group. Let Fr. Peter or me know. Let's think of creative ways of engaging with each other to share in the Orthodox Way!

Thanks and God Bless--Rob

ANNOUNCEMENTS

Please remember to **silence your cell phones** before you come into the church temple. Thank you.

Today's Usherettes: Kumie Mamo & Rose Hrabar. **Next Sunday:** Mariam Ammari & Rose Hrabar.

Today's Epistle Reader: April Pituch. **Next Sunday:** Georgette Ioup.

Today's **coffee hour:** Team 5. Thank you. **Next Sunday:** Team 6.

The traditional fasting discipline of Great and Holy Lent (no meat, poultry, eggs, dairy, fish, alcohol and oil) is observed during the entire Great Fast, which lasts from Pure Monday (March 11) through Great and Holy Saturday (April 27). On Saturdays and Sundays, however, alcohol and oil are allowed, except on Great and Holy Saturday when no oil is permitted. Fish, alcohol and oil are permitted on the Feast of the Annunciation (March 25) and Palm Sunday (April 21).

Each year we begin our Archdiocese-wide **Food For Hungry People Campaign** at this time. This campaign has raised millions of dollars over the 30+ years of its existence. Please take one of the coin boxes in the narthex home with you and place your coins in it during Great Lent and return the boxes at PASCHA. The proceeds will be collected and forwarded to the Archdiocese Chancery for distribution to the needy. May God bless your generosity and ascetic practice of almsgiving.

The **Sacrament of Holy Confession** is good for the health and salvation of the soul and body. For long-term, good, physical health, regular visits to the family doctor are appropriate. Likewise, care for our souls is a necessity. If it is your desire to receive the Eucharist at Great and Holy PASCHA, then Father expects you to make every effort to care for your soul and have confession at least once during Great Lent.

Lenten potluck meals shall be served after Presanctified Liturgies on Wednesday evenings during Great Lent.

Approximately 110 **Red Carnations** are needed for the veneration of the Holy Cross on Sunday, March 31. If you are interested in donating all or part of these flowers, please fill out one of the envelopes in the narthex and on the “Special Occasion” line, please write, “Red Carnations.” Include your commemorations, donation and turn the envelope in to the church office. Thank you.

An Easter Egg Hunt for the little people in our parish shall be held after Liturgy on Palm Sunday, April 21st. For more information, please see **Khouriyeh Pam Nugent**.

The Diocese of Miami and the Southeast (DOMSE) is hosting a **Cyber Teen Retreat** on April 13, 2019. The teens of St. Basil Church are invited to gather here at our Church Hall for activities. Please see **Emma Nugent** for more information.

The **Parish Life Conference** for the Diocese of Miami and the Southeast (DOMSE) is scheduled for June 12-15, 2019. It is hosted by All Saints Antiochian Orthodox Church at the Sheraton Imperial

ANNOUNCEMENTS CONTINUED

Hotel in Raleigh, North Carolina. Please visit www.antiochianevents.com/miami.html for more information.

LENTIL SOUP – The Ladies Guild is selling soup \$8 each, 2 for \$15. Thank you for your support of our many projects!

An **Orthodoxy 101/Inquirers' Class** shall be offered on the first Tuesday of each month. Due to Great Lent, our next gathering is on May 7 at 6:30 P.M. A potluck meal shall be served followed by

a presentation and discussion. Everyone is welcome! Using the text, Beginning to Pray, a series of discussions on prayer will occur after the Wednesday Presanctified Liturgies during Great Lent.

The **Antiochian Men** are making sandwiches after church on Sunday, March 31, and then will distribute them after. Anyone who would like to help please let **Subdeacon Stephen Zelesnik** know at stephenmz@yahoo.com. We need assistance in the following areas:

- 1) Making sandwiches after church in one of the meeting rooms. We hope to make between 75-100 of them.
- 2) Distributing the sandwiches in downtown NOLA. Must be at least 15 to do this. If younger than 15, you must be accompanied by a parent.
- 3) Donate some bread, chips, water, or lunchmeat. Thank you for your support.

Russian lessons for beginners started on September 17. The group meets at 12 P.M. on Mondays. Please contact **Oksana Mahecha** for more questions.

As of March 19, 2019, 42 pledges were received for 2019 totaling \$88,616.00. The collection for March 17, 2019, totaled \$1,596.50 for a year-to-date amount of \$37,319.22, a weekly average of \$3,392.66. As of March 15, 2019, our expenses are \$31,014.11, a weekly average of \$2,819.47. Last week's second collection (for the seminarians) totaled \$463.00 and is being forwarded to the archdiocese chancery. Thank you for your generosity and may God bless you.

Perhaps, you'd like to suggest another group. Let Fr. Peter or me know. Let's think of creative ways of engaging with each other to share in the Orthodox Way!
Thanks and God Bless--Rob

Spiritual Counsels...

“Hope deferred makes the heart sick, desire fulfilled is a tree of life.” – Prov. 13:12

DOMSE TEEN SOYO

CYBER SPRING RETREAT!

2019

APRIL 13TH



Guest Speaker: Drew Garrison

Retreat Theme:

“Joy is thankfulness, and when we are joyful, that is the best expression of thanks we can offer the Lord, Who delivers us from sorrow and sin.”

St. Artemon Bishop of Seleucia

Artemon was born and educated in Seleucia. When the Apostle Paul came to that city, he met Artemon, strengthened him even more in the Faith of Christ and appointed him bishop of that city. Artemon governed his entrusted flock with love and zeal. He was a physician of the souls as well as the bodies of men. He entered into eternity in ripe old age.

from: The Prologue from Ochrid

The Sunday of St. Gregory Palamas

On the Second Sunday of the Fast, we remember of our father among the saints, Gregory Palamas, archbishop of Thessalonica.

Verses

The Spring of Light now leadeth to light unwaning
The Light's own truly great and resplendent herald.

This divine father was born in Asia and was brought up from infancy in the royal palace of Constantinople. When he was of age, Gregory left the palace and gave himself to asceticism on Mount Athos. He eventually moved to Thessalonica to seek cure for the diseases he contracted because of his asceticism and piety. In 1349, he was elevated to the episcopacy, tending to his people in an Apostolic fashion for 13 years. He is glorified as an ascetic, a theologian, a hierarch and a miracle-worker, who forsook a prominent, secular lifestyle to take up his cross and follow Christ. The Most-Holy Theotokos, St. John the Theologian, St. Demetrius, St. Anthony the Great, St. John Chrysostom and angels of God appeared to him at different times.

Through his intercessions, O Lord Jesus Christ our God, have mercy upon us. Amen.